

RAVI T. NARAYAN (CABN 331858)
Attorney for the United States
Acting under Authority Conferred by 28 U.S.C. § 515

RAVI T. NARAYAN (CABN 331858)
Acting Chief, Criminal Division

GLENN S. LEON (NYBN 250785) Chief, Fraud Section

JACOB FOSTER (CABN 250785)
Principal Assistant Chief
EMILY GURSKIS (VABN 85973)
Assistant Chief
Fraud Section, Criminal Division

1400 New York Ave NW
Washington, D.C. 20005
Telephone: (202) 514-2000
FAX: (202) 514-3708
Jacob.Foster@usdoj.gov
Emily.Gurskis@usdoj.gov

KRISTINA GREEN (NYBN 5226204)
Assistant United States Attorney

450 Golden Gate Avenue, Box 36055
San Francisco, California 94102-3495
Telephone: (415) 436-6912
FAX: (415) 436-7234
Kristina.Green@usdoj.gov

Attorneys for United States of America

UNITED STATES DISTRICT COURT

NORTHERN DISTRICT OF CALIFORNIA

UNITED STATES OF AMERICA,

Plaintiff,

v.

RUTHIA HE, A/K/A/ RUJIA HE, and DAVID
BRODY,

Defendants.

No. CR 24-329-CRB

GOVERNMENT'S RESPONSE TO DEFENDANT'S
MOTION TO DISMISS COUNTS 1–6 OF THE
INDICTMENT, OR, IN THE ALTERNATIVE, TO
COMPEL DISCLOSURE OF GRAND JURY
MATERIALS

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1 The Court should deny Defendant Ruthia He’s motion to dismiss because it is inconsistent with
2 *Ruan v. United States*, 597 U.S. 450 (2022), relies on a flawed argument rejected by almost every court,
3 and misconstrues the Indictment. *See* ECF No. 157. Though there is no dispute that the Indictment
4 tracks the language of the relevant statutes, alleges *mens rea*, and alleges the “without authorization”
5 clause, Defendant wrongfully asserts that the Indictment must be dismissed because *Ruan* set forth a
6 new pleading standard and the Indictment does not sufficiently allege *mens rea*. Both contentions are
7 wrong.

8 *First*, *Ruan* rejected Defendant’s present argument when it stated that “the Government need not
9 refer to a lack of authorization (or any other exemption or exception) in the criminal indictment”
10 alleging a violation of 21 U.S.C. § 841 (a)(1). *Id.* at 462. *Ruan* held that the lack of authorization was
11 not an element of the offense, but that, under the burden-shifting provisions of the Controlled
12 Substances Act (“CSA”), once a defendant met their burden of production by bringing forth evidence
13 that the conduct was authorized, the Government had the burden of proof *at trial* to establish beyond a
14 reasonable doubt that the defendant knowingly or intentionally acted in an unauthorized manner.

15 *Second*, regardless, this Indictment sufficiently and plainly alleges what is required by *Ruan* at
16 trial. The Indictment alleges in Counts 2 to 5 that Defendant “did knowingly and intentionally
17 distribute and dispense . . . Schedule II controlled substances, not for a legitimate medical purpose in
18 the usual course of professional practice.” ECF No. 1 ¶ 76. The language satisfies “two constitutional
19 requirements for an indictment: ‘first . . . it contains the elements of the offense charged and fairly
20 informs a defendant of the charge against which [s]he must defend, and, second . . . it enables h[er] to
21 plead an acquittal or conviction in bar of future prosecutions for the same offense.’” *United States v.*
22 *Resendiz-Ponce*, 549 U.S. 102, 108 (2007).

23 Defendant admits that the Indictment alleges *mens rea* (knowingly or intentionally), but asserts,
24 as a matter of grammatical positioning, that the *mens rea* allegation does not apply to the authorization
25 clause (not for a legitimate medical purpose in the usual course of professional practice) because the
26 clause does not immediately follow the scienter allegation. In doing so, Defendant relies almost
27 entirely on one district court opinion (from outside of this District). ECF No. 157 at 4 (citing *United*
28 *States v. Wells*, 672 F. Supp. 3d 1066, 1071 (D. Nev. 2023)). The Court in *Wells* concluded that *Ruan*

1 added a “new element” and relied on Justice Alito’s “concurrence in *Ruan*” to conclude that a *mens rea*
 2 allegation does not modify any clause that did not immediately follow. *Id.* at 1071. This Court should
 3 not adopt the reasoning of *Wells* because it is inconsistent with *Ruan*, more-recent Ninth Circuit
 4 precedent, and the decisions of other courts.

5 *Wells* is inconsistent both with the plain language of *Ruan* – that the authorization clause is
 6 “unlike an element” – and the majority’s rejection of Justice Alito’s argument based on “grammatical
 7 positioning.” *Ruan*, 597 U.S. at 452, 466. *Wells* also erred because *Ruan* concerned whether a *mens*
 8 *rea* allegation could grammatically modify a *preceding clause*; here, the issue is whether the *mens rea*
 9 alleged in the Indictment modifies a *subsequent clause*. Under Supreme Court precedent, the answer is
 10 clear: the Indictment’s allegation of “knowingly and intentionally” modifies every subsequent part of
 11 the sentence, including both the action (distributed and dispensed) and the lack of authorization (not for
 12 a legitimate medical purpose in the usual course of professional practice). *See Flores-Figueroa v.*
 13 *United States*, 556 U.S. 646, 650 (2009) (“As a matter of ordinary English grammar, it seems natural to
 14 read the statute’s word ‘knowingly’ as applying to all the subsequently listed elements of the crime.”).

15 The decision in *Wells* also is foreclosed by a Ninth Circuit decision last month in *United States*
 16 *v. Pham*, 120 F.4th 1368, 2024 U.S. App. LEXIS 28003 (9th Cir. Nov 5, 2024), which quoted with
 17 approval jury instructions that “explained that the government needed to prove . . . that the defendants
 18 intentionally distributed drugs outside the usual course of medical practice and not for a legitimate
 19 medical purpose.” *Id.* at *10 (quoting *United States v. Hofschulz*, 105 F.4th 923, 929 (7th Cir. 2024)).
 20 The placement of the *mens rea* clause in that approved jury instruction is identical to the placement of
 21 the *mens rea* clause in the language of the Indictment here, and, as the Ninth Circuit quoted approvingly
 22 in *Pham*, even at the jury instructional phase, “*Ruan* requires nothing more.” *Id.* Further, the Ninth
 23 Circuit noted that the *Ruan* requirements are about the government’s burden of proof: only after the
 24 defendant met his “burden of producing evidence” in an affidavit “to rebut charges of unnecessary
 25 distribution” was the Government “required to prove beyond a reasonable doubt that the defendant
 26 knowingly or intentionally acted in an unauthorized manner.” *Id.* at *12.

27 Defendant’s hyperbolic assertions that the Indictment is “novel,” a “striking example of
 28 overreach,” and one that “alleges cause and effect, but not knowledge or intent,” (ECF No. 157 at 1–2)

1 does not make it so. The Indictment contains straightforward allegations that Defendant was
 2 “conspiring to provide . . . stimulants that were not for a legitimate medical purpose in the usual course
 3 of professional practice” (§ 56(a)) and “intentionally targeting drug-seeking patients” (§ 56(a)). It
 4 specifies clinical policies that Defendant instituted to distribute unauthorized prescriptions (§§ 59–71)
 5 and alleges that she “persisted in the unlawful practices described [in the Indictment] after being made
 6 aware” of various facts sufficient to establish her knowledge that the policies were leading to
 7 unauthorized prescriptions, including Done being described as a “pill mill.” *Id.* § 72. The Indictment
 8 alleges both cause and effect (as well as aiding-and-abetting and conspiracy modes of liability), and
 9 knowledge and intent, and, at trial, the Government will prove that Defendant was warned her policies
 10 caused false diagnoses and unauthorized prescriptions, but knowingly and intentionally persisted to
 11 make money. Thus, the Government will prove at trial, consistent with *Ruan* and *Pham*, that Defendant
 12 knew she was generating prescriptions for and conspiring to prescribe narcotics without authorization.

13 *Third*, Defendant’s arguments as to Count 1 fail as *Ruan* did not affect pleading requirements
 14 for conspiracy under 21 U.S.C. § 846. *Ruan* addressed only violations of 21 U.S.C. § 841(a)(1).

15 Defendant’s other arguments are equally unavailing: the health-care fraud charge is sufficiently
 16 alleged; the requisite convergence exists between Defendant and her purpose in making fraudulent
 17 representations both directly to insurers, and indirectly to insurers via the false representations she made
 18 to pharmacies, as she made the false claims to pharmacies to cause them to continue dispensing
 19 Adderall prescriptions to Done members by billing insurance. Finally, *Ruan* provides no basis for
 20 Defendant’s speculative request for grand jury testimony. The Court should deny the motion.

21 THE INDICTMENT

22 The Indictment alleges that Defendant owned Done, a “digital health company” that operated on
 23 a subscription model where individuals paid a monthly fee in exchange for prescriptions for Adderall
 24 and other stimulants. ECF No. 1 §§ 48–50. Defendant held no medical license. She employed medical
 25 providers, including co-defendant Brody, who were authorized under certain circumstances to prescribe
 26 controlled substances, but only if the controlled substances were issued for a legitimate medical purpose
 27 in the usual course of professional practice. *See* 21 C.F.R. § 1306.04.

1 The Indictment charges Defendant with seven offenses, of which Defendant moves to dismiss
2 Counts 1 through 6. Count 1 charges Defendant with conspiracy to distribute controlled substances.
3 ECF No. 1 ¶¶ 54–74. The Count alleges that Defendants “did knowingly and intentionally combine,
4 conspire, confederate, and agree together, and with other persons known and unknown to the Grand
5 Jury, to knowingly and intentionally distribute and dispense mixtures and substances containing a
6 detectable amount of controlled substances, including amphetamine-dextroamphetamine and other
7 stimulants, Schedule II controlled substances, not for a legitimate medical purpose in the usual course
8 of professional practice, in violation of Title 21, United States Code, Section 846.” *Id.* ¶ 55.

9 The Indictment explains how Defendant agreed to knowingly and intentionally conspire, cause,
10 and aid Done prescribers in distributing unauthorized controlled substances. The Indictment alleges
11 that Defendant was “conspiring to provide . . . stimulants that were not for a legitimate medical purpose
12 in the usual course of professional practice” (¶ 56(a)); “intentionally targeting drug-seeking patients” (¶
13 56(a)) and intending to “use the comp structure to dis-encourage follow-up.” *Id.* ¶¶ 56, 68. It details
14 the steps that Defendant took to cause unauthorized prescriptions through (1) corporate formation (¶
15 59); (2) advertising (¶ 61); (3) hiring (¶ 62); (4) screening (¶ 64); (5) “policies for initial telemedicine
16 encounters” (¶ 65); (6) pressuring prescribers to write unauthorized prescriptions (¶ 67); (7) “polic[ies]”
17 about “follow-up,” “auto-refill” and compensation (¶ 68); (8) “bridge prescription policy” (¶ 69-70); (9)
18 defrauding pharmacies, insurers, and other third parties (¶¶ 71, 72); and (10) obstructing justice in order
19 to conceal and disguise the conspiracy (¶ 74). She “persisted in the unlawful practices described [in the
20 Indictment] after being made aware that Done members were reading material posted on online social
21 networks about how to use Done to obtain easy access to Adderall and other stimulants; Done members
22 had overdosed and died; Done members described Done as a “straight up pill mill” and a “drug-pushing
23 scam to sell ADHD drugs and make a lot of f***** money;” national media outlets reported that Done
24 made Adderall and other stimulants too easy to obtain; and another company that prescribed Adderall
25 and other stimulants via telemedicine . . . ceased prescribing Adderall and other stimulants on the same
26 day that it was publicly reported that a Grand Jury issued a subpoena.” *Id.* ¶ 72.

27 The Indictment follows with four substantive counts of unlawful distribution of controlled
28 substances. *Id.* ¶¶ 75–76. The Indictment alleges that Defendant “did knowingly and intentionally

1 distribute and dispense, and aid or abet in the distribution or dispensing of, mixtures and substances
 2 containing a detectable amount of the listed Schedule II controlled substances, not for a legitimate
 3 medical purpose in the usual course of professional practice.” *Id.* The Indictment alleges modes of
 4 liability under 18 U.S.C. § 2. *See* 18 U.S.C. §2(a) (causing) and §2(b) (aiding-and-abetting).

5 Count Six charges Defendant with conspiracy to commit health-care fraud. *Id.* ¶¶ 77–80.
 6 Defendant and her co-conspirators defrauded insurers through the submission of false claims for
 7 controlled substances that were medically unnecessary, fraudulent prior authorizations, and false
 8 representations to pharmacies to induce them to continue filling Done prescriptions and billing insurers.
 9 The purpose of the conspiracy was to make money for Done because Defendant knew that Done
 10 members would not continue “to pay subscription fees to Done” if insurers did not pay for the cost for
 11 the pharmacies to dispense Adderall and other stimulants to Done members. *Id.* ¶ 71.

12 LEGAL STANDARD

13 An indictment is sufficient if it “contains the elements of the offense charged and fairly informs
 14 a defendant of the charge against which he must defend.” *United States v. Resendiz-Ponce*, 549 U.S.
 15 102, 108 (2007) (quoting *Hamling v. United States*, 418 U.S. 87, 117 (1974)). “The test for sufficiency
 16 of the indictment is ‘not whether it could have been framed in a more satisfactory manner, but whether
 17 it conforms to minimal constitutional standards.’” *United States v. Awad*, 551 F.3d 930, 935 (9th Cir.
 18 2009). An indictment must provide sufficient notice to a defendant of what crime he or she has been
 19 charged with committing. *See, e.g., United States v. Bellot*, 113 F.4th 1151 (9th Cir. 2024); *United*
 20 *States v. Hartz*, 458 F.3d 1011, 1022 (9th Cir. 2006) (“The grand jury clause of the Fifth Amendment is
 21 designed to ensure that criminal defendants have fair notice of the charges that they will face and the
 22 theories that the government will present at trial.”). When determining whether an indictment states a
 23 cognizable offense, courts are “bound by the four corners of the indictment, must accept the truth of the
 24 allegations in the indictment, and cannot consider evidence that does not appear on the face of the
 25 indictment.” *United States v. Kelly*, 874 F.3d 1037, 1047 (9th Cir. 2017). The indictment “should be
 26 read in its entirety, construed according to common sense, and interpreted to include facts which are
 27 necessarily implied.” *United States v. King*, 200 F.3d 1207, 1217 (9th Cir. 1999).

1 *Ruan* clarified the scienter requirement to establish a substantive violation of 21 U.S.C. §
2 841(a)(1) at trial. That statute reads, in part, that, “except as authorized by this subchapter, it shall be
3 unlawful for any person knowingly or intentionally to manufacture, distribute, or dispense, or possess
4 with intent to manufacture, distribute, or dispense, a controlled substance.” 21 U.S.C. § 841(a)(1).
5 Dispensing a controlled substance is “authorized,” and therefore excepted from the statutory
6 prohibition, when “issued for a legitimate medical purpose by an individual practitioner acting in the
7 usual course of his professional practice.” 21 C.F.R. § 1306.04(a); *Ruan*, 597 U.S. at 455.

8 This exception does not grant *carte blanche* to prescribe controlled substances. *See United*
9 *States v. Moore*, 423 U.S. 122 (1975). “Congress was particularly concerned with the diversion of
10 drugs from legitimate channels to illegitimate channels” and “[i]was aware that [registered prescribers],
11 who have the greatest access to controlled substances and therefore the greatest opportunity for
12 diversion, were responsible for a large part of the illegal drug traffic.” *Id.* at 135.

13 Until *Ruan*, however, it was unclear whether the language “except as authorized” was an
14 affirmative defense and courts were split over whether *mens rea* was evaluated based on an objective or
15 subjective standard. *Ruan* held that “the statute’s ‘knowingly or intentionally’ *mens rea* applies to
16 authorization” and that “[a]fter a defendant produces evidence that he or she was authorized to dispense
17 controlled substances, the Government must prove beyond a reasonable doubt that the defendant knew
18 that he or she was acting in an unauthorized manner, or intended to do so.” *Id.* at 454.

19 The Supreme Court did not claim that the authorization clause was an element, but it held that it
20 was “sufficiently like an element” in regard to the burden of proof at trial for the *mens rea* canon to
21 apply. The Court rejected arguments in Justice Alito’s concurrence that “grammatically speaking” the
22 placement of “knowingly or intentionally” after the authorization clause “prevents the latter *mens*
23 *rea* provision from modifying the former clause.” *Id.* at 466. It reasoned that it had previously held
24 that “a word such as ‘knowingly’ modifies not only the words directly following it, but also those other
25 statutory terms that ‘separate wrongful from innocent acts.’” *Id.* at 458. It also cited “analogous
26 precedent” where “knowingly” modified both the language following it and other language in the
27 statute that “the use be ‘not authorized.’” *Id.* at 460–61.

1 The *Ruan* Court was careful to explain that its decision had no impact on how the Government
 2 must plead the Indictment. Indeed, the CSA states that “[i]t shall not be necessary for the United States
 3 to negative any exemption or exception set forth in this subchapter in any complaint, information, [or]
 4 indictment” 21 U.S.C. § 885(a)(1). The *Ruan* Court repeated: “[I]n a prosecution under the
 5 Controlled Substances Act, the Government **need not refer to a lack of authorization** [or any other
 6 exemption or exception] **in the criminal indictment.**” *Ruan*, 497 U.S. at 462 (emphasis added). The
 7 Supreme Court also emphasized that a separate burden-shifting provision of the CSA “relieves the
 8 Government from having to disprove, at the outset of every Controlled Substances Act prosecution,
 9 every exception in the statutory scheme.” *Id.* Further to that point, *Ruan* held that the Government did
 10 not need to prove “without authorization” until the defendant put it at issue by claiming that the
 11 prescriptions are authorized. Then the burden shifts to the Government *at trial*. *Id.* at 463.

12 ARGUMENT

13 I. The Indictment Sufficiently Alleges the Drug Distribution Offenses

14 A. *Ruan* Held That the Authorization Clause Is Not an Element That Needs to Be 15 Alleged in the Indictment

16 *Ruan* provides no basis for dismissal. Procedurally, while *Ruan* clarified the scienter
 17 requirement for *proving* a case at trial, it expressly noted that “the Government need not set forth in an
 18 indictment a lack of authorization.” *Ruan*, 497 U.S. at 451–52. In other words, the Government need
 19 not plead a knowing violation of the “except as authorized” requirement *at all*, much less with the
 20 specificity Defendant now demands.

21 Even so, Defendant asserts that post-*Ruan*, district courts in the Ninth Circuit have required that
 22 the Indictment allege the “without authorization clause,” relying heavily on *Wells*. ECF No. 157 at 9.¹
 23 But *Wells* – and prior precedent cited by Defendant – is inconsistent with *Ruan*. *Wells* incorrectly
 24 reasoned that the indictment was lacking because it was missing “the new element that *Ruan* added”
 25 and cited Ninth Circuit cases “before *Ruan*.” *Wells*, 672 F. Supp. 3d at 1069 & 1071. But *Ruan*, in

26 ¹ Defendant also cites *United States v. Spayd*, 627 F. Supp. 1058 (D. Alaska 2022), but *Spayd*
 27 did not cleanly reach the issue. The Court in *Spayd* noted that “[due to the recency of the Supreme
 28 Court’s ruling in *Ruan*, the Court is largely without the benefit of other courts’ interpretations of its
 implications” and “assume[d] that lack of authorization, even if it is something of a ‘quasi-element,’
 must be pled in the indictment.” In *Spayd*, however, the Court concluded that the Government
 sufficiently alleged authorization in the indictment.

1 fact, clarified that the authorization clause is unlike an element for the purposes of an indictment. And
2 the Ninth Circuit law is clear that “where the reasoning or theory of our prior circuit authority is clearly
3 irreconcilable with the reasoning or theory of intervening higher authority,” the court is bound by the
4 later and controlling authority, and consider the prior circuit opinion as having been effectively
5 overruled. *Miller v. Gammie*, 335 F.3d 889, 893 (9th Cir. 2003). As the Court recognized in *Ruan*,
6 Section 841(a)’s prefatory exception clause is unlike an element because it is subject to 21 U.S.C.
7 885(a)(1), which provides that “[i]t shall not be necessary for the United States to negative any
8 exemption or exception . . . in any indictment.” Instead, “the burden of going forward with the
9 evidence with respect to any such exemption or exception shall be upon the person claiming its
10 benefit.” As *Ruan* recognizes, Section 885(a)(1) makes Section 841(a)’s authorization clause relevant
11 only when a defendant presents a claim that he falls within it, and the burden of proving a lack of
12 authorization only shifts back to the Government when the defendant submits evidence of
13 authorization, thus “reliev[ing] the Government from having to disprove, at the outset” a lack of
14 authorization. *Ruan*, 497 U.S. at 451–52. Indeed, the concurrence in *Ruan* thought that the majority
15 opinion should simply deem “without authorization” an affirmative defense. *Id.* at 469 (Alito, J.,
16 concurring). While the majority opinion did not go that far, it was perfectly clear that it was not a full
17 element such that the Government must plead it in the indictment. *Id.* This debate emphasizes that
18 *Ruan* addressed a *mens rea* that must be addressed and proven by the government *once the defendant*
19 *claims to have acted in an authorized manner* and not before. Thus, logically, there can be no
20 requirement that the Government predict a defense and address it in the indictment.

21 Indeed, other courts considering the same issue have denied motions to dismiss, rejecting the
22 rationale in *Wells*, instead holding that *Ruan* is “about the government’s burden of proof at trial, not the
23 requirements of a valid indictment” and that since “the United States need not reference [defendant]’s
24 lack of authorization in an indictment, then it logically follows that the United States is also not
25 required to allege the associated *mens rea*—that he knowingly and intentionally acted in an
26 unauthorized manner.” *United States v. Fletcher*, 2023 U.S. Dist. LEXIS 106141, at *14 (E.D. Ky.
27 June 20, 2023); *United States v. Goodman*, 2023 U.S. Dist. LEXIS 155058, at *7 (E.D. Pa. Sept. 1,
28 2023) (“[T]he mens rea language of section 841 requires the United States to prove beyond a

reasonable doubt—not plead—in its criminal prosecution the defendant knowingly or intentionally acted in an unauthorized manner”); *United States v. Hollington*, 2023 U.S. Dist. LEXIS 114376 (M.D. Fla. July 3, 2023); *United States v. Smith*, 2023 U.S. Dist. LEXIS 101212 (M.D. Tenn. Apr. 4, 2023). This is even more true because Defendant is not a medical professional. *United States v. Litwin*, 2023 U.S. Dist. LEXIS 151063, *6 (D. Nev. August 28, 2023) (“Courts that have held ‘except as authorized’ as an essential element have always done so through the lens of a legitimate medical practitioner.”).

B. The Indictment Pleads Mens Rea Regarding Authorization

Although it is not required, the Indictment in this case *does* plead what *Ruan* ultimately may require the Government to prove at trial. The Indictment alleges Defendants “knowingly and intentionally” distributed controlled substances “not for a legitimate medical purpose in the usual course of professional practice.” ECF No. 1 ¶ 76. Thus, even if applying the rationale advanced by Defendant, the Indictment is adequately pled and should not be dismissed.

Consistent with Rule 7, the Court must interpret the Indictment with regards to the plain, ordinary meaning of the words contained therein to avoid hyper-technical pleading requirements. *See* Fed. R. Crim. P. 7. The phrase “did knowingly and intentionally” alleges the required *mens rea* for each clause that follows, including both the distribution and “without authorization” clauses. *See Flores-Figueroa v. United States*, 556 U.S. 646, 650 (2009). Defendant relies on *Wells*, but *Wells* is inconsistent with Supreme Court precedent holding that the use of the phrase “knowingly” modifies subsequent clauses. In *Flores-Figueroa*, the Supreme Court explained:

In ordinary English, where a transitive verb has an object, listeners in most contexts assume than an adverb (such as knowingly) that modifies the transitive verb tells the listener how the subject performed the entire action, including the object as set forth in the sentence. Thus, if a bank official says, “Smith knowingly transferred the funds to his brother’s account,” we would normally understand the bank official’s statement as telling us that Smith knew the account was his brother’s. Nor would it matter if the bank official said[,] “Smith knowingly transferred the funds to the account of his brother.” In either instance, if the bank official later told us that Smith did not know the account belonged to Smith’s brother, we should be surprised.

Flores-Figueroa, 556 U.S. at 650–51.

Wells found Justice Alito’s grammatical rationale “notabl[e]” (*Wells*, 672 F. Supp. 3d at 1071), but that was rejected by the majority opinion. There, the Court found the CSA’s *mens rea* applied to

the “except as authorized” clause even though the clause “does not immediately follow the scienter provision.” *Ruan*, 597 U.S. at 461. The same is true for the Indictment, as “not for a legitimate medical purpose in the usual course of professional practice” does not *immediately* follow “knowingly and intentionally.” But by reading the Indictment practically, liberally, and as the Supreme Court interpreted the statute, the “knowingly and intentionally” qualifier applies to the lack of authorization as well as the distribution.

As noted above, *Wells* also is inconsistent with Ninth Circuit’s recent decision in *Pham*. In *Pham*, the Ninth Circuit affirmed the district court’s denial of a motion to withdraw defendant’s guilty plea to conspiracy to distribute controlled substances. Defendant argued that he was not apprised that *Ruan* requires the government to prove that he knew he was not authorized to issue the prescriptions. The Ninth Circuit rejected this argument, holding that “the agreement and colloquy clearly stated that Pham *knowingly issued prescriptions outside the usual course of professional medical practice and without a legitimate medical purpose.*” *Id.* at *4 (emphasis added). *Pham* also referred approvingly to instructions to juries that they needed to find that defendant “knowingly or intentionally distributed controlled substances outside the usual course of professional practice and not for a legitimate medical purpose.” *Id.* at *10–*11 (quoting *United States v. Titus*, 78 F.4th 595, 602 (3d Cir. 2023)). The language in the Indictment here mimics these jury instructions in other circuits that were cited approvingly in *Pham* and it therefore covers the knowing *mens rea* as required by the Ninth Circuit.²

Numerous district courts also have rejected the argument advanced by Defendant here and denied motions to dismiss nearly identical indictments.³ Indeed, that the district courts have denied at

² In the instant indictment, an appositive phrase separates the *mens rea* language (“knowingly and intentionally”) and the unauthorized (“not for a legitimate medical purpose in the usual course . . .”) language, which provides extra detail about the controlled substances (“including amphetamine-dextroamphetamine . . ., Schedule II controlled substances”). The appositive phrase does not otherwise alter or affect the grammar of the sentence.

³ *United States v. Adalgass*, 2022 U.S. Dist. LEXIS 185964, at *4 (S.D.N.Y. Oct. 11, 2022) (denying motion to dismiss and calling the defendant’s position “meritless”); *United States v. Henson*, 2024 U.S. Dist. LEXIS 3549, at *9 (D. Kan. Jan. 5, 2024) (denying motion to dismiss and holding that “[i]f the Supreme Court in *Ruan* could conclude that a knowing and intentional scienter requirement applies to the “except as authorized” clause preceding that scienter requirement in § 841, it seems no great stretch to think a fair reading of the indictment would apply the knowing and intentional scienter to the entirety of the actions thereafter.”); *United States v. Taylor*, 2022 U.S. Dist. LEXIS 164807, at (footnote cont’d on next page)

1 least six (*see* fn. 3) nearly identical motions to dismiss disproves Defendant’s overheated assertion that
 2 “the Government has taken the position that the same language in the Indictment charging Ms. He is
 3 insufficient to plead *mens rea*.” Mot. at 12–13. To the contrary, the Government has defended such
 4 indictments and courts nearly-uniformly—with apparently the sole exception of *Wells*—have rejected
 5 Defendant’s position. Voluntary dismissals don’t establish that the indictments in those cases were
 6 deficient, as many different factual circumstances may lead to voluntary dismissal, and Defendant
 7 extrapolates conclusions wholly absent from the records in those cases.⁴ Nor can an out-of-context
 8 quote from an article establish a purported policy on indictment drafting.⁵

9 C. The Factual Allegations Track the Essential Elements

10 Defendant’s challenge to the manner and means section of the Indictment, which describes in
 11 detail how Defendant acted as the ringleader of the conspiracy and directed it, likewise fails. As
 12 alleged in the Indictment, Defendant, as CEO, devised and implemented Done’s operations to

13 *19–*20 (E.D. Ky. Sept. 13, 2022) (denying motion to dismiss, holding that “indictments must be read
 14 practically and liberally,” and that “[b]y reading the Indictment practically, liberally, and as the
 15 Supreme Court interpreted the statute, the ‘knowingly and intentionally’ qualifier applies to the lack of
 16 authorization as well as the distribution.”); *United States v. Och*, 21-CR-40026 (D. Mass. Jan. 31, 2023)
 17 (ECF No. 53) (denying motion to dismiss; “Ruan did not modify the pleading standards for indictments
 18 under the [CSA], but, rather, addressed what must be proved at trial” and “[o]ther courts addressing this
 19 question have reached the same conclusion”) (internal citations omitted); *United States v. Rudin*, 19-
 20 CR-10040 (W.D. Tenn. Dec. 27, 2022) (ECF No. 257 at 8) (denying motion to dismiss and explaining
 “[defendant’s] reasoning that *Ruan* impacts the sufficiency of the indictment is flawed” as “*Ruan*
 focused on the required proof for a conviction”); *United States v. Fletcher*, 2023 U.S. Dist. LEXIS
 106141 at *16 (E.D. Ky. June 20, 2023) (denying motion to dismiss and holding that “the *Ruan* Court
 expressly rejected this reading of the statute” and that “this Court must conclude that the phrase
 ‘knowingly and intentionally’ applies both to his alleged distribution and dispensing and to his alleged
 knowledge that this prescription was unauthorized by law”).

21 ⁴ Defendant relies on *United States v. August*, 21-CR-912-FM (W.D. Tex. Sept. 29, 2022), but
 the dismissal was attributed to a failure of proof, not a drafting issue in the indictment. In its motion,
 the Government explained the change in the law as when “a medical practitioner may be *convicted*
 under the [CSA],” not as one related to indictment drafting. *Id.* at 2. Moreover, the Government stated
 that “a key witness on an essential element is unavailable to testify at trial,” causing a confrontation
 clause issue. *Id.* at 3. *United States v. Rattini*, 19-CR-0081 (S.D. Ohio) (July 21, 2022 Minute Entry;
 ECF No. 149) is silent on the reason for dismissal. In *United States v. Kim*, 20-CR-163 (W.D. Okla.
 July 29, 2022) (ECF No. 53), the Government explained that *Ruan* delineated what the Government
 must “prove”—not what the Government must charge—and it offered no explanation for *how* its 154-
 count indictment was defective in dismissing the case. *Id.* at 2.

26 ⁵ It is clear from the full text of the article that the authors were framing the outlier opinions in
 27 *Wells* and *Spayd* as just that. The article framed *Wells* as contradicting the universally accepted reading
 of *Ruan* as a “case about the [G]overnment’s burden at trial”; nowhere in the article is *Wells* elevated as
 28 reflecting the accepted standard for the Ninth Circuit. *See* Alexis Gregorian, *Outside the Usual Course: Prosecuting Medical Professionals for Unlawful Prescription of Controlled Substances*, 72 DOJ J. Fed. L. & Prac. 37–38 (Mar. 2024). Nor could a district court opinion establish a standard for the circuit.

1 knowingly and intentionally distribute unauthorized Adderall prescriptions in order to make money.
 2 The manner and means paragraphs of the Indictment explain how the conspiracy was effectuated
 3 according to Defendant's plans and goals, including actively searching for providers who would ignore
 4 medical guidelines to pass out prescriptions to cater to customer satisfaction and devising company-
 5 wide policies and procedures with the intent of causing and aiding and abetting Done prescribers in
 6 writing those medically unnecessary prescriptions. The "knowingly and intentionally" scienter is
 7 repeated in each count; it doesn't need to be repeated in each sentence of the manner and means of an
 8 indictment in order for the indictment to be facially valid. Defendant also ignores that following the
 9 specific and detailed description of Defendant's policies, the Indictment alleges that Defendant
 10 persisted in these policies even after becoming aware that they were in fact leading to unauthorized
 11 prescriptions. ECF No. 1 ¶ 72. This sufficiently alleges Defendant's intent, particularly when coupled
 12 with the numerous allegations that Defendant conspired, made false and fraudulent representations, and
 13 sought to conceal and disguise the conspiracy by obstructing justice—all of which are actions by which
 14 a jury could conclude she acted with sufficiently knowledge and intent. *Id.* ¶¶ 73–74.

15 **II. The Court Should Deny the Motion to Dismiss Count 6**

16 **A. Defendant is Incorrect that *Ruan* Applies to Health Care Fraud Conspiracy**

17 Defendant argues that the Government cannot allege a conspiracy to commit health care fraud
 18 under 18 U.S.C. § 1349 unless its allegations satisfy the elements of 21 U.S.C. § 841. This argument is
 19 as unavailing as it sounds on its face.

20 Section 1349 provides that "[a]ny person who attempts or conspires to commit any offense under
 21 this chapter shall be subject to the same penalties as those prescribed for the offense, the commission of
 22 which was the object of the attempt or conspiracy." In Count 6, the United States tracks the language of
 23 the statute, and specifically alleges that the Defendants did "knowingly and willfully, that is, with the
 24 intent to further the objects of the conspiracy, combine, conspire, confederate, and agree with each other,
 25 and others known and unknown to the Grand Jury, to knowingly and willfully execute a scheme and
 26 artifice to defraud . . . Medicare, Medicaid, and Commercial Insurers," (*i.e.*, a scheme to commit health
 27 care fraud in violation of 18 U.S.C. § 1347). ECF No. 1 ¶ 78. This is all the Indictment was required to
 28 do, as it contains the elements of the charged crime in adequate detail to inform Defendant of the charge

1 and to enable her to plead double jeopardy in bar of a future prosecution for that same offense.

2 Defendant—citing no case law—asserts that Count 6 must satisfy *Ruan*. But Defendant’s same
 3 assertion has been rejected by other courts because “*Ruan* concerned a materially different statute.”
 4 *Francois v. United States*, 2024 U.S. Dist. LEXIS 119216, *13 (S.D. Fla. July 8, 2024) (citing *United*
 5 *States v. Agresti*, 2022 U.S. Dist. LEXIS 133640, *2 (S.D. Fla. July 27, 2022) (“*Ruan* dealt with the
 6 Controlled Substances Act, 21 U.S.C. § 841, and not the statutes at issue in this case, 18 U.S.C. §§ 1347
 7 and 1349”); *Oppong v. United States*, 2024 U.S. Dist. LEXIS 21481, *5 (S.D. Ohio Feb. 7, 2024) (“*Ruan*
 8 does not, on its own terms, extend its conclusion to other provisions.”). *Ruan* thus supplies no basis to
 9 dismiss Count 6 of the Indictment.

10 **B. The Indictment Sufficiently Alleges False Statements and Omissions**

11 Defendant makes an unfounded claim that the Indictment does not adequately allege a health care
 12 fraud conspiracy. This is incorrect. The Indictment alleges it was a purpose of the conspiracy for
 13 Defendant to “enable[e] Done members to obtain Adderall and other stimulants from pharmacies by
 14 defrauding pharmacies and Medicare, Medicaid, and the Commercial Insurers.” *Id.* ¶ 56. Insurers would
 15 only pay for claims for prescription drugs that were “dispensed upon a valid prescription, medically
 16 necessary, and eligible for reimbursement.” *Id.* ¶¶ 32, 38, 45. If insurance did not cover a prescription,
 17 a patient would be required to pay the full price of the drug to the pharmacy. Pharmacies also would not
 18 fill a prescription or bill insurance unless the prescription was issued for a legitimate medical purpose in
 19 the ordinary course of professional practice, and complied with state law. *Id.* ¶¶ 7–8, 12, 13, and 15–16.

20 The Indictment alleges that the conspiracy operated as follows: Defendant conspired with Done
 21 prescribers to issue prescriptions that were medically unnecessary and invalid. ECF No. 1 ¶¶ 56, 58–74.
 22 To defraud insurers, Defendant collected insurance information from Done members, submitted
 23 fraudulent prior authorizations to obtain insurance coverage for these medically unnecessary
 24 prescriptions, and created fraudulent documents, including patient records, to satisfy insurer
 25 requirements. *Id.* ¶ 71(a), (c), (e). Defendant also transmitted these medically unnecessary and invalid
 26 prescriptions and, in some instances, insurance information, to pharmacies in order to cause pharmacies
 27 to submit false claims for reimbursement to insurers and dispense the drugs at little or no cost to patients.
 28 *Id.* ¶ 71. When pharmacies questioned the legitimacy of the prescriptions, Defendant defrauded the

1 pharmacies to keep them billing insurance and dispensing drugs. *Id.* ¶ 71. The scheme was necessary
2 because Done members would not pay subscription fees to Done if insurers did not “pay for the cost of
3 these drugs” to be dispensed by pharmacies. *Id.* ¶ 72.

4 Defendant relies on an unpublished decision by a district court not in this circuit. ECF No. 157
5 at 18–20 (citing *United States v. Mattia*, 2024 U.S. Dist. LEXIS 98835 (D.N.J. June 3, 2023)). In *Mattia*,
6 the court dismissed health care fraud counts because the Indictment failed to allege: (1) any
7 misrepresentation; (2) how the false and fraudulent claims were caused to be submitted to the health plan
8 and who submitted those claims; or (3) what, if any false or fraudulent statements or misrepresentations
9 appeared on the claims, nor who made them (or what omissions occurred and who omitted them). *Id.* at
10 *15.

11 This Indictment is distinguishable from *Mattia*. It alleges how the conspiracy operated: Defendant
12 “collected . . . insurance information from Done members,” (ECF No. 1 ¶ 71(a)) “caused Done members’
13 insurance information to be transmitted to pharmacies,” (*id.* ¶ 71(c), and provided Done members with
14 unauthorized and invalid prescriptions, knowing and intending that Done members would take the
15 prescriptions to pharmacies and cause the pharmacies to submit fraudulent insurance claims. It also
16 alleges both Done prescribers and pharmacies entered into contracts not to submit, or cause the
17 submission, of invalid prescriptions or medically unnecessary claims, such that each submission deceived
18 insurers that the prescription was valid and claim medically necessary, when it was not. *Id.* ¶¶ 28-32, 35-
19 38, 43-45. Indeed, three Done prescribers pled guilty to conspiring to defraud insurers by issuing
20 unauthorized prescriptions to be filled at pharmacies and billed to insurance.

21 To the extent that *Mattia* stands for the proposition that a conspiracy to commit health care fraud
22 cannot be predicated on mere allegations about medically unnecessary prescriptions, it is incorrect and
23 this Court should not follow it. *United States v. Anderson*, 67 F.4th 755 (6th Cir. 2023). In *Anderson*,
24 the Sixth Circuit affirmed a doctor’s conviction for health-care fraud and rejected sufficiency arguments
25 that “it was the pharmacies, not he, who billed Medicare and Medicaid, and argu[ments] that he did not
26 know how the prescriptions would be paid for, nor did he personally profit.” *Id.* at 770. The Court
27 reasoned that the “evidence was sufficient to convict [defendant] of health care fraud because, *inter alia*,
28 “[w]itnesses affiliated with Medicare and Medicaid testified that neither program would pay for claims

1 that were medically unnecessary,” defendant “prescribed controlled substances to patients who filled
2 those prescriptions at local pharmacies,” and there was evidence that the controlled substances were
3 “without a legitimate medical purpose and outside the usual course of professional practice.” *Id.*; *see*
4 *also id.* at 771 (citing *United States v. Webb*, 655 F.3d 1238, 1258 (11th Cir. 2011) (per curiam)
5 (explaining that “the type of health care fraud here involved Webb’s prescribing controlled substances
6 for other than legitimate medical purposes, and having pharmacies submit claims for reimbursement to
7 health insurers on the basis of his prescriptions.”).

8 If that evidence is sufficient to convict for health care fraud, those same allegations are sufficient
9 here to allege it. While Defendant relies on *Mattia* to contend that he is entitled to more details about
10 how the claims are fraudulent, courts in this district have denied motions to dismiss that similarly argued
11 that an indictment failed to include facts as to “how the prescriptions, supporting documentation. . . and
12 claims to Medicare were false and fraudulent.” *United States v. Sogbein*, 2012 U.S. Dist. LEXIS 155648,
13 at *9 (N.D. Cal. Oct. 29, 2012). In *Sogbein*, the Indictment alleged that defendants “conspired to defraud
14 Medicare by fraudulently prescribing [power wheelchairs] to Medicare beneficiaries who did not need
15 them, and in many cases, who did not even want them.” *Id.* at *3. The court rejected defendant’s
16 argument that such an allegation was insufficient, reasoning that the “United States is not required to
17 allege the theories on which it will rely, nor include evidence upon which it will rely to prove the facts at
18 trial.” *Id.* at 9. The Court concluded that when it “examines the Indictment in its entirety, and construes
19 it with ‘common sense and practicality,’” the Indictment was sufficient to provide the Defendants notice
20 of the crime charged. *Id.* (citing *Awad*, 551 F.3d at 936). The same is true here.

21 Further, the Indictment alleges two other theories, not at issue in *Mattia*. First, it alleges that
22 Defendant defrauded pharmacies by making “false and fraudulent representations” to pharmacies “about
23 Done’s prescription practices” and “policies” to “cause the pharmacies to submit false and fraudulent
24 claims.” ECF No. 1 ¶ 72(d). It also alleges that Defendant directly “submitted and caused to be submitted
25 false and fraudulent prior authorizations” and “created and caused to be created false and fraudulent
26 documents, including patient records” relied on by insurers in deciding to pay claims. *Id.* ¶ 71. Unlike
27 the defendant in *Mattia*, who was a sales representative, here Defendant owns the company issuing the
28 prescriptions and conspired to defraud insurers to pay for them. These allegations provide Defendant

1 with sufficient additional detail, not present in *Mattia*, regarding the health care fraud conspiracy.

2 **C. The Defense Convergence Argument Fails**

3 Defendant next argues that the health care fraud theory alleged in the Indictment violates the
4 convergence requirement for wire fraud.⁶ In a wire fraud case, a defendant’s “intent must be to obtain
5 money or property from the one who is deceived.” *United States v. Lew*, 875 F.2d 219, 875 (9th Cir.
6 1989). The Indictment passes that test. First, as discussed above, the Indictment alleges a theory that
7 involves the direct submission of fraudulent prior authorizations to insurers. Second, the Indictment
8 satisfies the convergence requirement in regard to Defendant’s efforts to defraud pharmacies because the
9 Indictment alleges that Defendant’s misrepresentations to pharmacies were designed to cause them to
10 continue dispensing medication by submitting false claims to insurers. Courts in the Ninth Circuit have
11 rejected convergence arguments in similar cases involving deception through intermediaries, like these
12 pharmacies, where the intermediaries were used to deprive the ultimate victims of money or property.
13 *See, e.g., United States v. Ali*, 620 F.3d 1062 (9th Cir. 2010) (upholding convictions where the victim
14 (Microsoft) was properly identified as the party deprived of money or property as part of the scheme to
15 defraud, even where no specific false statements were made to the victim for at least part of the offense
16 and monetary transfers also involved third parties); *United States v. Holmes*, 2020 U.S. Dist. LEXIS
17 (N.D. Cal. Oct. 13, 2020), at *45–*46 (“To the extent Defendants believe allegations that a defendant
18 deceived one party cannot be probative of an intent to defraud another, the Court cannot agree. There is
19 no question that doctors may serve as conduits of information to their patients. That there must be ‘at
20 least some level of convergence between the fraud and the loss’ does not make irrelevant all
21 misrepresentations made to individuals other than those deprived of money or property.”).

22 Defendant implies that she cannot be charged with health care fraud because although insurers
23 were deprived of money or property, they didn’t pay Done directly, and Done gained as a result of the
24 insurers’ losses only because the availability of insurance coverage caused members to continue paying
25 subscription fees to Done. But there is no obligation to prove a convergence between the insurers’ losses
26 and Defendant’s gain. Here convergence exists between the scheme to defraud insurers—albeit, in some

27
28 ⁶ Defendant does not cite any authority for the proposition that the convergence theory applies
to the health care fraud statute.

instances intermediated—and insurers’ loss of money or property, which is all that is required. Indeed, gain is not even an element of health care fraud and courts regularly affirm convictions where defendants do not bill the insurer and where defendants do not profit from the scheme to defraud. *See, e.g., Anderson*, 67 F.4th at 770–71 (affirming health-care fraud conviction of doctor when the pharmacies, not the doctor, billed Medicare and Medicaid and where the doctor did not profit from prescription reimbursement); *United States v. Bertram*, 900 F.3d 743, 749 (6th Cir. 2018) (affirming health-care fraud conviction of urinalysis testing company employees who caused laboratories to bill insurer for medically unnecessary tests); *Webb*, 655 F.3d at 1258 (affirming health-care fraud conviction of provider who prescribed unauthorized controlled substances and where pharmacies submitted claims based on his prescriptions).

III. Defendant Is Not Entitled to Grand Jury Materials.

The Supreme Court has “consistently. . . recognized that the proper functioning of our grand jury system depends upon the secrecy of grand jury proceedings.” *Douglas Oil Co. of California v. Petrol Stops Nw.*, 441 U.S. 211, 218 (1979). Federal Rule of Criminal Procedure 6(e) requires that grand jury activities generally be kept secret. Defendant speculates that the Government gave an “erroneous legal instruction” and argues that the grammatical syntax of the Indictment justifies a breach of this general rule of secrecy prescribed by Rule 6(e). ECF No. 157 at 29–30.

But there is no evidence that the Government improperly instructed the grand jury on the law, especially considering that the indictment here tracks the statutory language for the offenses. And a mere allegation of an incorrect legal instruction does not invalidate an indictment or constitute the “strong showing of particularized need” necessary to breach grand jury secrecy. *Costello v. United States*, 350 U.S. 359, 363 (1956); *United States v. Sells Eng’g, Inc.*, 463 U.S. 418, 443 (1983).

On its face, the Indictment reveals that the grand jury found probable cause that both Defendant He and Defendant Brody acted “knowingly” and “intentionally,” and the Indictment (even though it was unnecessary) expressly set forth the *Ruan mens rea* standard for the “authorized” exception. Thus, there can be no speculation that the grand jury indicted Defendant under an incorrect standard.

What is more, courts have rejected the type of argument advanced by Defendant. In *United States v. Goodman*, 2023 U.S. Dist. LEXIS 15508, at *12–*13 (E.D. Pa. Sept. 1, 2023), pharmacists charged with OxyContin distribution offenses sought production of grand jury transcripts, asserting

1 that, per *Ruan*, the indictment failed to allege their “subjective belief that they were knowingly and
 2 intentionally acting outside the course of a legitimate professional purpose” and that the CSA applied to
 3 non-pharmacists or non-doctors. In denying the request for transcripts, the court explained, “*Ruan* does
 4 not apply here . . . *Ruan* dealt with the Government’s burden of persuasion under § 841 at trial. It did
 5 not alter any pleading standards.” See also *United States v. Adelglass*, 2022 U.S. Dist. LEXIS 185964,
 6 at *6–*7 (S.D.N.Y. Oct. 11, 2022) (denial of request for grand jury transcripts for defendants indicted
 7 pre-*Ruan* and ruling “[w]hat the Government is able to prove at trial is one thing; how the grand jury
 8 was instructed is another”). Cf. *United States v. Litwin*, 2023 U.S. Dist. LEXIS 151063, at *10 (D.
 9 Nev. Aug. 28, 2023) (denying request for transcripts as to *mens rea* requirement for “except as
 10 authorized” because the court “does not view the ‘except as authorized clause’ as an essential element
 11 for prosecuting non-medical practitioners).

12 The case relied on by Defendant, *United States v. Way*, 2015 U.S. Dist. LEXIS 168419 (E.D.
 13 Cal. Dec. 15, 2015), is distinguishable because Defendant is not confronting a change in law since
 14 being charged. In *Way*, the court ordered production of a subset of the grand jury transcript because
 15 “[t]he Supreme Court’s decision . . . altered the element of knowledge for the crimes charged” and
 16 separately, the Government identified the Food and Drug Administration as a victim, and “[t]his theory
 17 appear[ed] nowhere in the Indictment.” *Id.* at *5, *14, *23. Even in the wake of *Ruan*, courts rejected
 18 similar arguments. *United States v. Taylor*, 2022 U.S. LEXIS 223194, n.1 (E.D. Ky. Dec. 9, 2022)
 19 (denying defendants’ request for transcripts based on claim that “the Supreme Court’s recent decision
 20 in *Ruan* bolsters their claim that the Government improperly instructed the grand jury” because “the
 21 indictment is facially valid post-*Ruan*” “even though the *mens rea* requirement has evolved since it was
 22 issued.”). Accordingly, this is not the type of situation warranting a breach of grand jury secrecy.

23 CONCLUSION

24 For the foregoing reasons, Defendant’s motion should be denied.

26 DATED: December 16, 2024

Respectfully submitted,

RAVI T. NARAYAN
 Attorney for the United States

1
2 GLENN S. LEON
3 Chief, Fraud Section
4 U.S. Department of Justice

5 /s/ Emily Gurskis

6 JACOB FOSTER
7 Principal Deputy Chief
8 EMILY GURSKIS
9 Assistant Chief
10 Department of Justice
11 Criminal Division, Fraud Section

12 KRISTINA GREEN
13 Assistant United States Attorney
14 Northern District of California
15
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